

# PERSONALITY PROFILE

NAME: \_\_\_\_\_

**DIRECTIONS:** This PERSONALITY PROFILE will help you understand your NATURAL PREDISPOSITION AND TEMPERAMENT. Asking your spouse, close friends, or family members their thoughts can help a great deal, and provide a more accurate assessment. You may also consider what your answer would have been when you were a child. Do your best to consider your NATURAL predisposition...not characteristics or traits that you've LEARNED. Every personality type has both strengths and weaknesses. It's naturally easier to answer the questions that describe your strengths... we don't ENJOY our weaknesses... but for the most helpful results, we encourage you to do some honest reflection and, even if you don't like it, select the word that MOST describes you.

In each of the following rows of 4 across, place an X in front of the ONE word that MOST OFTEN applies to you.

**EXAMPLE:** \_\_\_Red                      \_\_\_Yellow                      X Blue                      \_\_\_Green

Continue through all 30 rows, choosing ONE word per row. If you truly cannot choose between 2 words that describe you equally, simply mark both, doing your best to choose just one word as often as possible.

- |                      |                     |                      |                    |
|----------------------|---------------------|----------------------|--------------------|
| 1. ___Goal-Driven    | ___Precise          | ___Entertaining      | ___Peace-Loving    |
| 2. ___Funny          | ___Logical          | ___Mediator          | ___Leader          |
| 3. ___Content        | ___Scheduled        | ___Self-Reliant      | ___Enthusiastic    |
| 4. ___Timid          | ___Emotional        | ___Undisciplined     | ___Argumentative   |
| 5. ___Animated       | ___Cooperative      | ___Risk-Taker        | ___Analytical      |
| 6. ___Bossy          | ___Critical         | ___Easily Distracted | ___Not Expressive  |
| 7. ___Reserved       | ___Likes Control    | ___Serious           | ___Playful         |
| 8. ___Abrasive       | ___Hesitant         | ___Resentful         | ___Forgetful       |
| 9. ___Chart-Maker    | ___Strong-Willed    | ___Calm              | ___Sociable        |
| 10. ___Unsympathetic | ___Wishy-Washy      | ___Exaggerates       | ___Complains       |
| 11. ___Accurate      | ___Creative         | ___Competitive       | ___Inoffensive     |
| 12. ___Uninvolved    | ___Overbearing      | ___Hard to Please    | ___Interrupts      |
| 13. ___Motivator     | ___Listener         | ___Doer              | ___Processor       |
| 14. ___Indifferent   | ___Headstrong       | ___Disorganized      | ___Moody           |
| 15. ___Perfectionist | ___Spontaneous      | ___Assertive         | ___Loyal           |
| 16. ___Daydreamer    | ___Proud            | ___Not Motivated     | ___Pessimistic     |
| 17. ___Orderly       | ___Accommodating    | ___Optimistic        | ___Straightforward |
| 18. ___Workaholic    | ___Needs Reminders  | ___Sensitive         | ___Unenthusiastic  |
| 19. ___Considerate   | ___Detailed         | ___Cheerful          | ___Decisive        |
| 20. ___Solitary      | ___Easily Persuaded | ___Short-Tempered    | ___Show-Off        |
| 21. ___Dry Humor     | ___Productive       | ___Life of the Party | ___Intellectual    |
| 22. ___Self-Centered | ___Skeptical        | ___Slow-Moving       | ___Intolerant      |
| 23. ___Concise       | ___Pleasant         | ___Story Teller      | ___Inquisitive     |
| 24. ___Immature      | ___Stubborn         | ___Self-Conscious    | ___Mumbles         |
| 25. ___Structured    | ___Delightful       | ___Accepting         | ___Direct          |
| 26. ___Scattered     | ___Unforgiving      | ___Impatient         | ___Nonchalant      |
| 27. ___Determined    | ___Even-Keeled      | ___Rule Follower     | ___Talker          |
| 28. ___Observer      | ___Performer        | ___Director          | ___Planner         |
| 29. ___Energetic     | ___Conscientious    | ___Patient           | ___Confident       |
| 30. ___Independent   | ___Easy-Going       | ___High Standards    | ___Encouraging     |